

North American Strongman presents: Hope for the Holiday's 3.

(North American Strongman Inc. Membership Required of all Contestants)

PROMOTER: Willie Wessels

DATE: December 19th.

TIME: Contest starts at 12:00. Rules at 11:30

LOCATION: The W.A.R. House 2333 Lackland Road Overland MO 63114

HOTEL: Red roof inn use code number **544995**11837 Lackland Road; St Louis, MO 63146; (314) 991-4900

DIVISIONS: Open 200, 231, 265 and SHW, Master, Women, Novice and Teen, Light and Heavy.

EVENTS: 1. Incline log for reps. LW log 230, HW 280. WLW, 100, HWW 140. MLW 220, MHW 250, Novice and Teen same as Masters.

2. 18 inch deadlift for Max. Three attempts

3. Farmers Hold for time.

4. Stone load onto 52 inch platform.

Light weight stone are 200,220,240,260,300. Heavy weight stones are 240,260,300,330,360. All Master, Teen and Novice will do the LW set of stones. Both Women classes will do 100,140,160,190,200.

5. This will depend on the weather.

60 sec time limit on events 1.2. 4. and maybe 5.

AWARDS: 1st, 2nd, 3rd. Swords. .

ENTRY FEES: \$40 plus a gift for the children's home.

ENTRY DEADLINE: December 5th is the postmarked deadline. \$25 late fee for all entries after the 5th postmarked date.

MAKE ALL CHECKS PAYABLE TO: Willie Wessels, 11676 Mark Twain Lane, Bridgeton MO 63044 314- 393-3771.

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against W.A.R Houses, North American Strongman, Inc, American Strongman Corp. Willie or Dione Wessels, Expo, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Hope for the Holiday and its related events, I hereby grant **NAS INC.**, and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **NAS INC.**, and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **NAS INC.** and/or any other approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **NAS INC.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ **AGE:** _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP:** _____

PHONE: _____ **DATE OF BIRTH:** _____

EMAIL: _____

DIVISION: _____ **WEIGHT CLASS** _____ **HEIGHT:** _____

SIGNATURE: _____

(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)